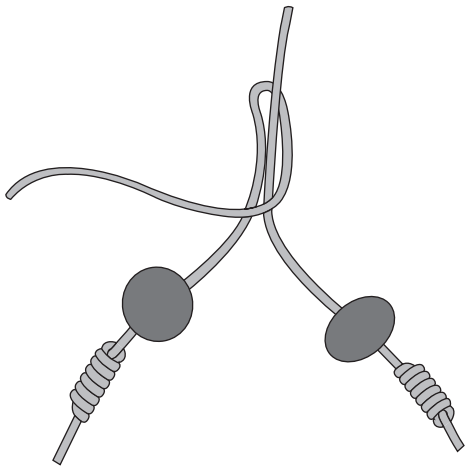
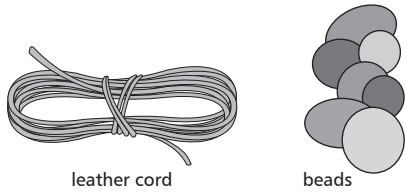
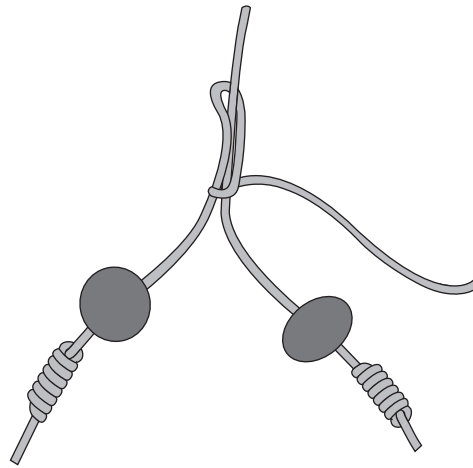


# coil knot ends

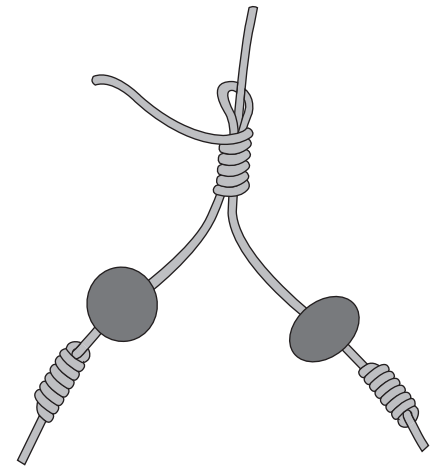
you will need the following supplies:



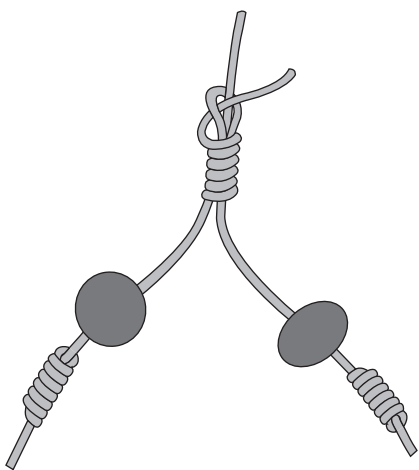
**Step 1:** You should have at least 5 inches on each end remaining. Make the "4" form around the shorter end.



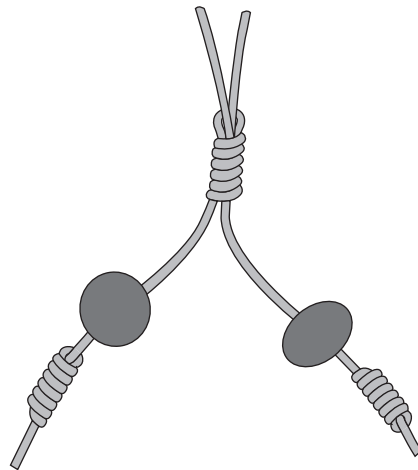
**Step 2:** Begin to wrap upward around the head.



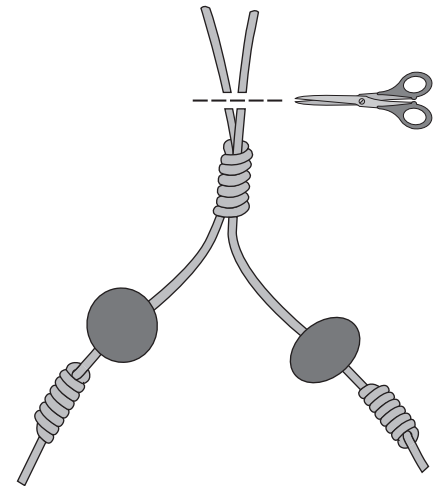
**Step 3:** Leave enough room in the "eye" for 2 pieces of cord.



**Step 4:** Thread the cord through the "eye" along side the other end.



**Step 5:** Pull down on the longer, working end to close the "eye." Pull up on the 2 ends to tighten the whole coil.



**Step 6:** Cut the ends off evenly.