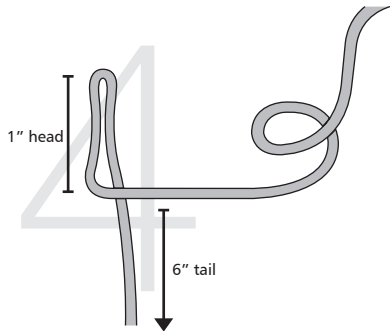
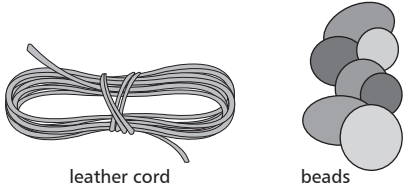
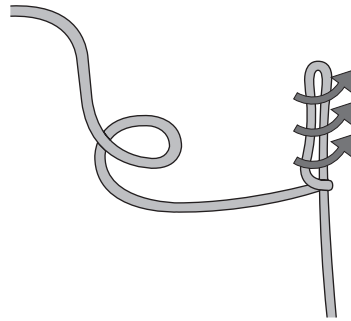


coil knot necklace

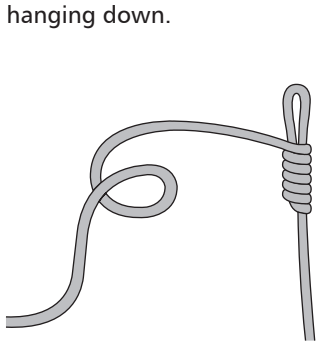
you will need the following supplies:



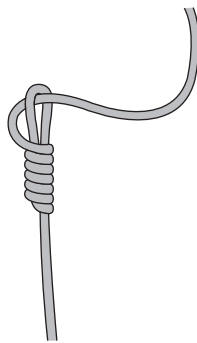
Step 1: This technique requires cord 4 times the length of the finished product. If you want a 30-inch necklace you will need 120 inches of cord. To begin, fold cord into a "4" form with a 1 inch head and a 5 inch tail hanging down.



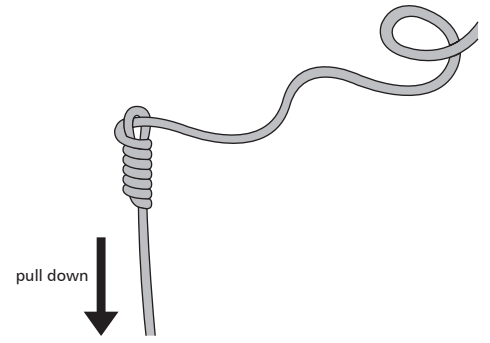
Step 2: Wind around the head upward.



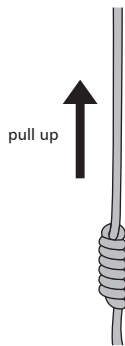
Step 3: Wrap the cord around 5-6 times depending on how long you want your coil to be. Make sure that you leave an "eye" at the top.



Step 4: Weave the cord through the remaining "eye."



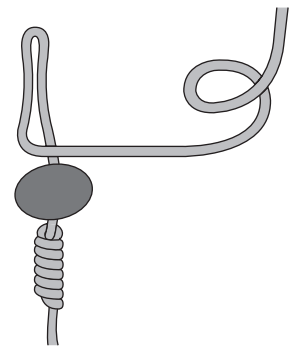
Step 5: Pull down on the tail to close the eye.



Step 6: Give the cord a pull up to tighten the whole knot.



Step 7: Add a bead. If you like, leave room between coils for the bead to move around.



Step 8: Repeat steps 1-7 until you have achieved the length you want.

